

Kala Pointer

THE *KALA POINTER* IS A MONTHLY PUBLICATION OF THE KALA POINT OWNERS ASSOCIATION
FEBRUARY 2023



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Hard Copies and Magnification Tip

To obtain a hard copy of the *Kala Pointer*, visit the Administration Office or the

Clubhouse. To view the newsletter on the Kala Point website, visit kalapoint.org/kala-pointer/view-past-issues/.

To increase your viewing magnification: on a Mac, click and hold "+" and "command" at the same time; on a PC, click and hold "+" and "Ctrl."

Special Notice Emails

If you are not receiving special notice emails from KPOA, please contact the Administration staff at 360.385.0814.

Attention Gmail Users

Since the *Kala Pointer* is larger than most emails, Gmail automatically cuts it off at a certain point. To ensure you see the entire newsletter, click on the "View Entire Message" link at the bottom of this email. ♦

From the Desk of KPOA President

[Mark Lannon](#), *Board President*

Volunteers, volunteers, volunteers — that's what keeps Kala Point a beautiful, wooded community on Port Townsend Bay. Last month we welcomed our new directors. This month, the focus is on committee volunteers. Would you like to join a nonprofit such as the Kala Point Owners Association (KPOA)? After all, it is your home. Would you like to meet some of your neighbors, possibly your next best friend?

Current opportunities are listed below with a contact for each Committee:



Sunrise: *photo by Charlene Resan-Vollmer*

Emergency Preparedness Committee (EPC)

The EPC needs volunteer block captains and assistant block captains. Contact Co-Chair Mark Miller at 360.774.5004.

Grounds Committee

The Grounds Committee is looking for two volunteers. Contact Chair Scott Rovanpera at 360.344.8434.

Internal Controls Committee (ICC)

The ICC could use one more volunteer. Contact Chair Dave Harrah at 360.385.1423.

Publications Committee

The Publications Committee is looking for volunteers with writing and editing skills. Contact Chair Suzanne Eggleston at 503.880.2289.

Social Plus Committee

The Social Plus Committee is always looking for more volunteers, including a treasurer. Contact Chair Natalie Wilson at 303.775.0558.

Strategic Planning Committee (SPC)

The SPC has a need for one more volunteer. Contact Chair Joseph Reeves at 907.321.1895.

Tree Committee

The Tree Committee has a need for volunteers. Contact Chair Geoff Genter at 206.719.7260.

Please consider joining one of these committees. Our

volunteers are what keep Kala Point so desirable. ♦

Kala Pointer Staff

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Terry Rose
Social Plus
Pamela Thompson
Tree Committee
Tim Twiford
Natalie Wilson

Next Newsletter Deadline:
February 19 for the
March issue

Submit your articles to:
YourKalaPointer@kalapoint.org

[Our Letter to the Editor policy](#)
Look under section H.

2023 Committee Chairs

Architectural [Pat Miles](#)

BMAC [Scott Love](#)

Elections [Jeana Holme](#)

Emergency Preparedness (EPC)
[Bill Hasan](#), [Mark Miller](#)

Finance [Kevin Skolrud](#)

First Aid [Terry Rose](#)

Grounds [Scott Rovanpera](#)

Internal Control [David Harrah](#)

Personnel [Mark Lannon](#)

Publications
[Suzanne Eggleston](#)

Social Plus [Natalie Wilson](#)

Tree [Geoff Genter](#)

The Kala Point community is a common-interest residential homeowner association (HOA). When purchasing or building within Kala Point, homeowners agree to follow the HOA's governing documents, which include: Conditions, Covenants and Restrictions of Record (CC&Rs); Rules and Regulations; Bylaws; and detailed Administrative Policies and Procedures (APPs). APPs are Board-enacted rules. The protective umbrella of these governing documents works in the best interest of all homeowners ensuring higher standards of neighborhood appearance and enhancing the collective value of the homes.

2023 Board of Directors

Click on a name to email

President [Mark Lannon](#)

Vice President [Joseph Reeves](#)

Secretary [Dan Nordlund](#)

Director & CFO [Kevin Skolrud](#)

Director [Pat Miles](#)

Director [Dale Moses](#)

Director [Sean Moss](#)

Director [Sue Stanton](#)

Director [Kim Titus](#)

[Click here](#) to email the entire board



No Beach Walk Today: *photo by Alison Ebbott*

January Board Meeting Summary

[Dan Nordlund](#), Board Secretary

The January KPOA Board Meeting was held January 10 at 3 p.m. It was a hybrid meeting held in person at the clubhouse and over Zoom. Board Members in attendance: M. Lannon, president; J. Reeves, vice president; D. Nordlund, secretary; and P. Miles, S. Stanton, K. Skolrud (CFO), S. Moss, D. Moses, and K. Titus (via phone), directors. Also in attendance were Keith Larson, general manager (GM); and Felice Thompson, administrative assistant II; and 14 other self-identified Zoom attendees. A quorum being present, the meeting was called to order. The January 2023 agenda and the minutes of the December 13, 2022, Organizational Board meeting were approved.

- It was announced that the deadline for articles for the February *Kala Pointer* was January 19
- From the consent calendar, Dave Ethington was appointed to the Architectural Committee

General Manager's Report

- The administrative staff will be taking on overall management and oversight of the KPOA website to include daily calendar updates, committee landing pages, membership login and email signups, membership special notice mails, and keeping the announcement page updated with important information for the membership.
- We still have staff shortages in the Clubhouse and maintenance.
- Reserve expenditures for replacing mailboxes and pool blankets were approved by the Board. The Board also approved reserve expenditure for inspection and

treatment of pier pilings, beams, and rails at the beach dock.

- All hazardous handrails have been replaced or repaired on trails, and all other trail maintenance will occur as time permits due to staff shortages.

Old Business

- Under old business, there was a first read of [APP II Board of Directors](#).
 - The proposed changes will be posted on the Board of Directors [landing page](#) on the KPOA website, and copies of the changes are available at the Administration Office
 - The Board welcomes submitted member comments, which will be reviewed at the second read and discussion of APP II at the February 15 Board meeting.

New Business

- GM Larson was tasked with investigating costs for installing solar power at the Administration Building, Clubhouse, and pool
- As noted above, the February Board meeting is on Wednesday, February 15, **not** the usual Tuesday
- Committee Reports: Committee Board representatives are to submit a summary of committee meetings to the Publications Committee no later than the 19th of each month; summaries are also to be sent to the Board and Administration Office for posting on the appropriate website pages
- Finally, the Board set for themselves the task of setting measurable goals for 2023 at the February meeting

The main business of the January regular board being completed, the Board recessed until the February meeting.

Note: For more details about the meeting, supporting documents, and a recording of the board meeting, visit the [Board of Directors landing page](#). ♦

Emergency Preparedness Committee (EPC) Events for 2023

Jeana Holme

At the January 5 meeting of the EPC, Chairman Mark Miller proposed several exciting projects for 2023.

Guest Speaker Series: Starts in March

Starting in March, we will bring back our guest speaker series. Look for an email from KPOA General Manager Keith Larson with the date and time of our first speaker event. Pattie Horvath is organizing this event, which will be held in the Clubhouse; if you'd like to help, please contact her at pattiehorvath@gmail.com

Our first speaker will be Sara Penhallegon from Center Valley Animal Rescue (CVAR). In addition to learning important pet management tips, including handling emergencies, this is an excellent opportunity to meet other KP residents who have pets. Refreshments will be served, and we will have a jar to collect donations for CVAR. This is a unique educational and social opportunity — don't miss it!

Block Captain Recruiting: Happening Now

The EPC is recruiting Neighborhood Block Captains for the following zones: 4 (condos) 8, 16, and 18. If you live in one of these zones and are interested in serving as a Block-Captain or Co-Captain, please contact Bill Hasan at williamrhasan@gmail.com.

Join this great group of your neighbors dedicated to keeping our community safe and prepared. No previous training or experience required; we will get you up to speed.

Neighborhood Operations Center Demonstration: May 11, 6 p.m., Clubhouse

Attend an in-person demonstration to see how our Neighborhood Operations Center (NOC) functions. In a disaster, a team of Kala Point volunteers would gather to organize and coordinate the response effort of Kala Point's EPC teams: Block Captains, First Aid, CERT Search and Rescue, Emergency Communications (ham radio), and Pet Management. At the NOC demonstration, all KP residents are invited not only to attend, but also to participate.

The NOC team will demonstrate their capabilities in the main room of the Clubhouse. In a real disaster, the team would be in the Administration Building conference room or alternate location if the Administration Building were unsafe to use.

The audience is encouraged to present the team with simulated emergency calls (e.g., "There are injured people trapped in a collapsed house on Kala Point Drive"). The audience will then watch as the NOC team deals with these calls, assessing the needs and matching them with teams drawn from Kala Point EPC members. This is a great opportunity for Kala Point residents to see what will happen during an emergency when County first responders are overwhelmed and unavailable, as well as to help the EPC team practice and train.

International Shake-Out Day: Thursday, October 19, 10:19 a.m., throughout KP

The EPC will participate in the Great Shake-Out exercise by activating the NOC as well as all the emergency gathering places in zones throughout Kala Point. At 10:19 a.m. on October 19, Federal, State and County agencies, the Red Cross, and police and fire departments all over the U.S. and Canada practice what they will do when the "big one" hits. (Keep in mind that an earthquake would not have to be that big to cause major damage to Port Townsend, located as it is just off the South Whidbey Island Fault.)

All KP residents are encouraged to learn how to prepare for, and respond to a significant earthquake event, and to join their Block Captain and neighbors at their zone's gathering place during this important exercise. Updates will appear in the *Kala Pointer* closer to the event. Learn more about the Shake-Out drill and other earthquake-preparedness activities at shakeout.org/washington. ♦

Spring Fundraiser for East Jefferson Fire and Rescue

Terry Rose, Chair, First Aid Committee



Spring is coming, and it's time again to think about the dedicated first responders from East Jefferson Fire and Rescue who come to our aid in an emergency.

The Emergency Preparedness Committee is sponsoring an event by donation instead of holding the venerable Potato Bake as we have done prior to the pandemic. This event will be run through the month of March. Watch the March *Kala Pointer* and bulletin boards for event information and donation-collection locations.

Everything we do to help them eventually helps us! ♦



JEFFERSON COUNTY
MASTER GARDENER
FOUNDATION

25th Anniversary

Yard & Garden

Virtual Lecture Series 2023

February 11–March 25
6 Saturdays (no lecture on Feb. 18)
10 a.m.–12 p.m.



Live webinar format



6 lecture series tickets: \$60;
single event tickets: \$12



To purchase tickets, go to
2023YardAndGarden.
eventbrite.com



For more information, go to
jcmgf.org

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WSU EXTENSION
Jefferson County

Your ticket purchase helps support Jefferson County
Master Gardener Foundation programs.



Ronan Ellis photo

February 11

Jane Billinghamurst: Author, editor, translator, photographer, Master Gardener, explorer. **Lecture:** "Getting the Most Out of Your Next Forest Adventure"

February 25

Bill Thorness: Writer, editor and Master Gardener. **Lecture:** "Veggies Year Round: Growing Edibles Through All Seasons"



March 4

Candice Gohn, Lexi Koch, and Sharrai Morgan: Flower experts. Panel discussion: "Growing, Harvesting, and Arranging Amazing Local Flowers."

March 11

Del Brummet: head gardener and plant propagation manager at the Elisabeth C. Miller Botanical Garden in Seattle. **Lecture:** "Plants for a Better Planet with Great Plant Picks"



March 18

Susan Mulvihill: Author, newspaper columnist, organic vegetable gardener. **Lecture:** "Attracting Beneficial Insects"

March 25

Muriel Nesbitt: Geneticist, retired biology professor at University of California San Diego, Master Gardener intern instructor. **Lecture:** "How Climate Change is Robbing You (and Your Garden) of Nutrients"



Recycling Issues: Noncompliant Items in the Recycling Bins

Keith Larson, KPOA General Manager

The disrespect and noncompliance at the recycling bins continues to be an ongoing dilemma. What should be a simple process of throwing away unapproved items, placing approved recycling debris in the correct bins, and getting on with the day has proven to be a difficult process for some.

We have placed informational articles in the *Kala Pointer*, had discussions at the Board meetings, sent out emails, and yet the problems continue. For historical purposes, we have been trying to get this message out for as long as the bins have been in Kala Point: **recycle only approved items**. Approved recycling items are posted on all of our KPOA bulletin boards, and we have copies available at the Administration Office.

It is the responsibility of all members to comply with the recycling guidelines set by the recycling company. When someone places trash or non-recyclable materials in or around the bins, maintenance staff must clean up the mess and dispose of the debris, taking valuable time away from their duties because of a few disrespectful people. Styrofoam is *not* an acceptable item to be recycled in our bins. Fort Worden accepts Styrofoam two times a month (see bulletin boards for more details about requirements).

These recycling bins have been a wonderful asset to KPOA members dating back to the late 1990s. It would be a shame to see the bins go away because of a few who refuse to follow the rules. It is completely up to the discretion of Skookum to pull the recycle bins due to noncompliance. If this were to happen, there would be no recycle bins on the property. None of us want this to occur. Respect for this valuable asset is essential to the longevity of this service to our community.

Going forward, KPOA will be placing cameras and recording devices in the near vicinity of the recycling bins along with appropriate signage to get better control of the situation. ♦



The picture speaks for itself



Styrofoam pulled from the inside and removed from the outside of the recycling bins and is currently being stored in the maintenance building.



The picture speaks for itself



Fiery Sky: photo by Pamela Thompson

Reminder from the Tree Committee

If you have any trees that you believe need to be removed or limbed, don't forget to contact the Tree Committee. Our request form is located on the [Tree Committee page](#) on the Kala Point website, and should be submitted to the Administration Office.

It has been reported to us that there are woodcutters and/or tree trimmers telling residents that they have dangerous trees that need to be removed. These reports peaked during the recent windstorms. Since these



Foggy Beach: *photo by Sharon Bastian*

folks are also looking for work, we ask that you contact us prior to approving any work on your property. The reputable businesses in the community are aware that an approval from the Tree Committee is required before work begins.

Please note that unauthorized tree removal can result in a non-compliance hearing and ultimately a fine. One resident received a \$750 fine in December for removing a Douglas Fir without review and approval from the Tree Committee. We are here to assist our members, and we will respond immediately if a safety issue exists. ♦

Looking for Things to Do in Port Townsend?





Check out enjoypt.com and ptscene.com for art, events and Port Townsend activities. ♦

Power Out... Again

Michael Machette

We had a long and serious power outage on November 5, and recently another, but thankfully short, outage on December 26 from 4:20–5:10 a.m. You may not have even noticed it, but if it had extended into the daylight hours, you would have had no lights, no heat, no internet and no coffee! Seriously, we lucked out, but are there personal solutions to our frequent storm outages and PUD power woes? Yes, a home-generated electrical supply.

Here is a brief rundown on options, pros/cons, and rough cost estimates. For more details, search the internet and consult local professionals and companies. ♦

TYPE OF GENERATOR SOME EXAMPLES	DESCRIPTION	PROS	CONS	COST
Small Portable (50#) Honda EU2200i Predator 2000W 	Small, roll-around gasoline powered. Rated at 2000W, which will run small electrics but not any radiant devices (like heaters).	Handy, can take camping. Relatively quiet compared to larger units. Good for short outages (3-6 hours).	Use outdoors, need extension cord to power devices. Gas only. Expensive for output.	\$500-1,200 Self installed
Free-standing, roll-around (250#). Many brands and models 	Large, roll-around gasoline, propane, or dual-fuel. Rated at 5500-8000W, which will power most of house but not electric heat pumps when it's below freezing.	Best value per output. Gas powered, 5 gals/12 hrs. Propane, days to weeks depending on tank.	Noisy, needs outdoor space. Must have 5-10 gals of fuel on hand. Must start gen. and turn on/off breakers.	\$1,500-\$3,500 Self installed. Would need electrician for connection to house panel.
Permanent mounted, many power ratings and suppliers. 	Whole-house solution. Propane powered (your tank), auto on/off. Reliable, mounted next to house and electrical access point.	Propane can power for day (regional outage). Automatically powers home, even if you are away.	Requires propane tank, piping, electrical work. Expensive.	\$15k-\$25k Professionally installed. Several in Kala Point.
Solar panels & batteries 	Whole-house solution. Can power home for several days if you keep heating to a minimum. Search Solar Systems, Panels, and Batteries.	Solar generates power even on cloudy days. Can keep battery banks topped up, recharge e-car, feed power back to PUD for refund.	Expensive, long-term investment. Mounts on roof top. Needs battery bank to store power day to day.	\$20-\$50k (may qualify for tax credits). Professionally installed. Several in Kala Point.

Get to Know Your Neighbors

Steve Donnelly

Steve and Katharine Donnelly
Terrace Drive

Whenever someone asks, “So, how long have you lived here?” we respond with, “Well, we purchased our home in late 2005, but we’ve lived here full time beginning in 2020.” We spent those previous 14 years traveling from our North Seattle home with our cats Stan and Fiona on Friday evenings, a couple times a month, via the Edmonds ferry.

Our goal each visit was to spend Saturday mornings on landscaping, clearing weeds, planting things, moving



Photo by Pamela Thompson

soil and bark, and hauling yard debris to the transfer station. It was hard work, but it was satisfying, and our end-of-day reward would be a trip to Sirens, the Pourhouse, or the Port Townsend Brewery. That tradition remains today.

We're happy with our decision to purchase a home here. Our brother-in-law's parents were among the first to purchase a Kala Point timeshare way back in the 70s. Katharine and I had spent a few holidays at their timeshare, and we were impressed with the beach, amenities, forest, and overall tranquility of the neighborhood. Based on those experiences, it was natural to consider a second home here; as luck would have it, a newly constructed home became available in 2005.

Prior to moving here permanently, we enjoyed the 25 years spent in our North Seattle Maple Leaf neighborhood. Katharine is a former librarian and teacher from the Shoreline and Seattle school districts. She also taught for many years in the Hillsboro, Oregon, school district. I've had a lifelong career and passion for information technology starting in 1976 at Roseburg High School in Southern Oregon.

In a nutshell, Katharine and I have had interesting and satisfying careers. We were both born and raised in Oregon, but it took moving to Seattle for our paths to cross. We met at a singles dance at the Mountaineers Club back in 1995, and were married in 1996.

Katharine is currently the Co-VP of Programs for AAUW (American Association of University Women), and is secretary for KP's Social Plus Committee. She aspires to spend more time making art, honing her gardening skills, and reading great books.

I'm volunteering as the EPC block captain for our Terrace Drive neighborhood. My hobbies include basic woodworking and computer-controlled holiday lighting. A Little Lending Library (LLL) that I built can be found in the main gate mail station, and my digital light shows are visible just after you enter the main gate. We both enjoy our Friday mornings with fellow Kala Natives members working to remove non-native vegetation, primarily Himalayan blackberry. The area surrounding the Lagoon Trail to the beach is now mostly free of these invasive plants. The challenge will be to keep it that way!

For fun, we like to travel and to spend time with our friends and family. A few of our most memorable trips have been to Italy, France, India, and Switzerland; Bryce, Zion, and Glacier National Parks are also favorites. Some of our favorite group activities include the KP International Dinners, summertime outdoor music, and Centrum events. Now that we both have eBikes, it's been fun to join up with our neighbors to make the six-mile journey via Fort Townsend Park, past the paper mill, and then arriving at the Boat Haven.

One last thing: retirement wasn't a goal when we purchased our home so many years ago. We were content to have a weekend retreat and a place to share with family and friends. Whenever possible, we participated in weekend KP social functions and enjoyed spending time with our fascinating neighbors. As retirement approached, we considered these and many other factors in our retirement planning. In the end, it was an easy decision, and it remains clear that Kala Point is the place for us. ♦

If you would like to be featured in a neighbor profile, please email yourkalapointer@kalapoint.org. One of our staff will be in touch to do an interview or send you questions you can answer yourself. You do not need to be a new resident to be featured. All are welcome to participate. ♦

Sharing the Good Life

Pamela Thompson

This is a delightfully delicious and satisfying “comfort” soup that will warm you up instantly on a cold, rainy winter’s night! I like spicy but if you’re not a spice fan, omit or cut back on the cayenne pepper. This recipe serves 4–6 people but as long as I’m making it, I double the batch to have some left over for freezing. The full recipe and instructions can be found online at: lifemadesimplebakes.com/ This soup can also be prepared in an Instant Pot with some slight modifications. Enjoy!



Photo from lifemadesimplebakes.com/cheesy-cauliflower-soup-7/

Cheesy Cauliflower Soup

Ingredients:

3 tbsp. unsalted butter
1 stalk celery thinly sliced
2 carrots julienned and cut into 1-inch strips (matchsticks)
2 shallots minced
4 cloves garlic minced
3 tbsp. all-purpose flour
4 C low-sodium chicken broth
1 tsp. salt
½ tsp. garlic powder
½ tsp. ground black pepper
¼ tsp. coriander
¼ tsp. paprika
⅛ tsp. cayenne pepper
1 large head cauliflower or 2 small/medium heads, cut into florets
½ C heavy cream
1 C grated cheddar or Colby-Jack cheese
Freshly chopped parsley (optional garnish)

Instructions:

In a large stockpot or Dutch oven, set over medium-low heat, add the butter. Once melted, add the celery and sauté for 3 minutes, then add the carrot, shallot, and garlic. Sauté for 2 minutes.

Add the flour. Whisk the flour until it turns golden brown, taking care not to burn. Gradually pour in the chicken broth, whisking continuously until combined. Turn heat up to medium and bring to a simmer.

Add the salt, garlic powder, pepper, coriander, paprika, and cayenne pepper. Add the cauliflower, allow the soup to gently boil for 15 minutes, then remove 2 cups and purée in a food processor or blender until smooth. Return the mixture to the soup.

Pour in the cream and continue to gently boil for an additional 10 minutes, then add the cheese and whisk to combine.

Remove from the heat and garnish individual servings with parsley, if desired.

Notes:

You can make this soup silky smooth if you purée everything using a high-speed blender

(like a Vitamix or Blendtec) or an immersion blender. We personally prefer some small chunks. ♦

Do you have a recipe or a cocktail you'd like to share?
[Email us!](#)

Let's Start a KP Drum Circle

Tim Twiford

I would like to get a drum circle going here in KP for fun, camaraderie, inspiration, creativity, brain and body health, and maybe find the meaning of life (could happen!). No experience needed. If interested or have any questions, please call or text me at 425.823.4448. Thanks! ♦



Photo from [Patch.com](https://www.patch.com)



Get to Know America's Fastest-Growing Sport: Pickleball



Pickleball is so hot, it's been declared Washington's state sport. It's fun and a great way for people of all skill levels to meet new friends while enjoying an outdoor activity.

On March 4, the Kala Point Pickleball Club will show anyone interested how easy it is to get hooked on this year-round game. There'll be pickleball advisors to explain the game to get you started, and then we'll play!

Please join us on March 4 and find out why everyone's talking about this Washington-born sport that's taking the world by storm.

When: Saturday, March 4,
10 a.m.–2 p.m.

Where: Kala Point Pickleball
Courts at the Lagoon (follow
the signs)

Who: Anyone can play! All
equipment provided.

Questions: Contact Ann Kirby
at akwoodside@aol.com



Chilly, Cheerful Carolers Canvas KP

Natalie Wilson, Social Plus
Photo submitted by Social Plus



The Social Plus caroling event on December 21, 2022, was a great success! Seventeen residents of Kala Point braved the 17-degree weather to bring a little music and joy to other residents. Carolers met at the Clubhouse to review music and then set out in their cars, following one another like a convoy, to visit as many homes as they could.

The residents of the homes visited seemed delighted to hear the songs. Some even joined along. At one house, carolers were served cookies and cider. At another, they were gifted candy canes.

The best part according to the carolers was seeing the welcoming and smiling faces of those to whom we caroled. Another unforgettable bonus were the dogs that greeted the carolers with wagging tails, and even posed for pictures.

On a personal note: Thank you to everyone who attended the event, those who allowed us to sing to them, and those who wrote thank you letters. It was such a delight to spend an evening out in the gorgeous snow with wonderful people and singing. We hope to do this again next year — maybe with an even bigger group. Happy New Year, Kala Point! ♦

New Year's Eve at the Clubhouse

Photos submitted by Social Plus





Even the youngest visitors enjoyed the "New York New Year's Eve" at the Clubhouse where the countdown was at 9 p.m. (midnight in New York), and the music of KP band Midnight Train. ♦



Taking the Plunge!

Natalie Wilson

Have you plunged yet? It is all the rage, especially on New Year's Day! On the morning of January 1, some of our brave

residents decided to “Take the Plunge.”

If you are not familiar with the concept of the Plunge, it involves braving the frigid waters of the Puget Sound, or any other liquid vessel of your choosing. Plunging has several health benefits and can feel exhilarating, which is probably why so many people continue to do it.



Plunging off KP Beach: *photo submitted by Natalie Wilson*

According to a [February 2, 2022, article from The New York Times](#), plunging can alleviate inflammation as well as increase certain brain chemicals that regulate mood. Plunging can activate the parasympathetic branch of the nervous system, which can in turn help a person to feel calm. Of course you don't want to overdo it, or stay in the water too long.

First-time plunger Natalie Wilson and plunge veteran Patty Kirkland ventured down to Kala Point beach on January 1, followed by their partners, dogs, family, friends and onlookers. The temperature in the water was in the mid 40s but that didn't stop them from running into the water and diving in head first. They were followed by Terra, Natalie's golden retriever, who thought this event was great fun, but seemed surprised that they left the water so quickly.

As the ladies ran into the water, Patty yelled, “This is where we get our heads wet!” and they both dove in. Patty, who has done the plunge multiple times, starting in 2009 on a snowy New Year's Day in Mason County, Washington, said, “I came up with the bright idea to sled down in an inner tube into the lake. It became a tradition each year, and then we moved to Port Townsend a few years ago where we continued to plunge. It's a great burst of freshness for the New Year!”

For Natalie, “Well, it was not only an opportunity to wear my rainbow tutu, it also seemed like a crazy and fun idea to begin the new year. When I jumped in, I didn't feel cold. I didn't feel scared. I felt really good. I felt invigorated. I felt alive!”

Minutes after the ladies came out of the water, they heard a commotion down the beach. There they found an entire family, with a small child, all making the plunge. So it would seem that multiple people in Kala Point took the Plunge on New Year's Day this year. Join us next year? ♦

Players Ring in 2023 With Polar Poker Pickleball

Michael Machette

Kala Point pickleball players kicked off 2023 with their fifth annual Polar Poker Pickleball tournament. We had 20 players in the tournament, and a half-dozen coaches and guests on the cool but bright afternoon of January 1. The tournament was a combination of games won (one poker card per win),

Polar Poker Pickleball

New Year's Day 2023



Polar Poker Pickleball Winners Hilary Newell and Louise Tragard

Photo by Char Quandt

and a final poker hand, which is an equalizer for player skill.

The tournament was great fun, good exercise, and a chance to socialize outside. This event is also a fundraiser to pay for pickleball supplies. The club goes through about 50 balls per year.

Ten doubles teams played Dink and Drink, Mortimer, and Relay — all fun-oriented games. A good time was had by all, at all skill levels. Thanks to our pickleball advisors and others for organizing the event and bringing snacks and hot spiced apple cider to power us through the afternoon.

If you are interested in learning to play pickleball, come to our “Welcome to Pickleball Open House,” which will be at the Lagoon courts from 10 a.m.–2 p.m. on Saturday, March 4. ♦

Bingo Night Social Plus

What a fun evening of Bingo at Hilltop Tavern on Wednesday, January 18! About 25 people from Kala Point got together to support the North Olympic Salmon Coalition.

With our colorful inked devices, several from our group succeeded in filling a line and winning prizes. Winners could choose from a whole table full of practical and eclectic items, including a large jar of pickles and two Costco-size boxes of Cheerios.

Thank you to all those who attended in support of this worthy organization. We can't wait until next time! ♦



Photos submitted by Social Plus



Through the Lens



Big Logs on KP Beach: *photo by Kris Ethington*



Rainbow: *photo by Tina Chang*



King Tide in the Lagoon:
photo by Kate Lore



King Tide in the Meadow: *photo by Tim Twiford*

Send Us Your Photos!

Do you have images that showcase the character of Kala Point? New images that highlight the natural setting, facilities and people of Kala Point will be featured in the *Kala Pointer* or on KPOA website. Please submit your full-resolution jpegs, one at a time, to photos@kalapoint.org
Thank you! ♦

Committee Reports

Architectural

Meeting on January 19, 2023

AC Goals for 2023:

- Develop a training pamphlet for new AC members
- Publish monthly AC educational articles in the *Kala Pointer*
- Submit bullet summary of meeting minutes to *Kala Pointer* (approved minutes will go on the AC webpage)
- Organize photos of acceptable screening (e.g., fencing or bushes) for items such as heat pumps and generators; these would be used as examples for owners of upcoming projects

Next meeting: February 16, 2023, at 9:30 a.m. in the Fireplace Room at the Clubhouse.

Emergency Preparedness

Meeting on January 5, 2023

Discussed:

- End-of-year review of 2022 budget expenditures
 - Two mannequins for first aid training
 - LIFEPO battery with solar panels
 - Additional solar panels to recharge lithium-ion backup battery
- 2023 budget approved
 - Initial supplies for two CERT Search and Rescue teams
 - Communication equipment
 - Course fees for training
 - First aid supplies, including specialized stretcher
 - Pet management supplies
- CERT to tentatively restart summer 2023
- Review/feedback of EJFR Town Hall hybrid meeting on January 4
- FCC approval to use repeaters; adjustments necessary to some resident's walkie-talkies
- Fundraiser for EJFR
- 2023 tentative events
 - Speaker series
 - EXPO
 - Great Shakeout
 - NOC training exercise: May 11, 2023
- Need for block captains

Next meeting: February 2, 9:30 a.m.

Internal Controls

Meeting on December 21, 2022

Discussed:

- Recent reviews
- Board rep's participation
- Annual review of facilities
- Audit of 2022 year (arranged with Newman company)
- Recommend Finance Committee create "lessons learned" document

IC review of November planned for January 11

Publications

Meeting on January 10, 2023

- Laurie Engelbeck was appointed chair-in-training (Suzanne Eggleston remains chair)
- Margaret McGaughey is the new secretary
- Dale Moses is the new Board rep, and Sean Moss is the alt
- Laurie is developing a user guide for the Robly software
- The auto-response to *Kala Pointer* submissions needs to say late submissions

- may not be included
- APP XIII (Publications Committee) is being updated
- This committee would prefer all committee summaries for the *Kala Pointer* be in bulleted format
- Letters to the editor are strongly encouraged — very few are submitted
- *Kala Pointer* email distribution list is different than list from KPOA office (several hundred addresses shorter) — needs research

Next meeting: Tuesday, February 14, at 1:30 p.m. in the Administration Building's conference room

Social Plus

Meeting on January 3

Committee positions for the year

- Chair: Natalie Wilson
- Secretary: Katherine Donnelly
- Treasurer: looking for a volunteer
- Timekeeper: Barb Dawson
- Kala Cares: Phyllis Wurscher
- Newcomers: looking for a volunteer
- KPOA Board Liaison: Dan Nordlund, Kim Titus (alternate)

Committee business

- Social Plus ended the year just under budget, with \$91 surplus
- Monthly meeting time will remain at 1 p.m. on the first Tuesday of the month
- Survey of residents about events and activities they might like is being coordinated with KPOA annual survey
- A Social Plus Facebook page is in the works

Recent events

- Christmas Caroling was a success with 17 people participating
- New Year's Eve Party: approximately 40 people, including two young children and a newborn, participated. By all accounts, everyone had a good time listening to the music of Midnight Train.
- Bingo at the Hilltop Tavern: fundraiser for Salmon Coalition

For upcoming events, check the *Kala Pointer*; also the [Social Plus page](#) and [Kala Point calendar](#) on the KPOA website.

Strategic Planning

Meeting on January 3, 2023

The SPC Committee appointed Joseph Reeves as chair and Sue Stanton as secretary.

Old Business

Reviewed **Pickleball (PB) survey questions** submitted by the PB Club and presented by Michael Machette. Requested a revision of the questions for possible inclusion in the March Annual Survey.

Continued the discussion related to the feasibility of installing **photovoltaic (PV) panels**. The SPC has submitted a recommendation to the Board to task the general manager to research the feasibility, costs and potential savings of PV panels at the Clubhouse and Administration Building. A previous analysis was done in 2008.

Discussed and proposed language revisions in five specific sections within [CC&R Article IV, Property Rights, Chapter B](#). These revisions will be sent to the Board for their review and possible inclusion in the 2023 Annual Membership ballot:

- Chapter B, Section 5: “Signs”
- Chapter B, Section 7: “Care & Appearance of Premises”
- Chapter B, Section 8: “Clear-Cutting”
- Chapter B, Section 9: “View”
- Chapter B, Section 15: “Common Area Vegetation”

New Business

Discussed dates for **opening and closing the pool** in the context of energy costs. Costs for heating the pool from April 15–30 were \$1,500 for electricity in addition to \$2,500 for propane to obtain a comfortable water temperature.

Reviewed the 2022 **Annual Membership Survey** and discussed potential questions for the 2023 Survey to be distributed in March. Those may include questions regarding interest in pickleball, pool season dates for opening and closing, membership time frame for availability and interest in involvement of committee and Board meetings, and, at the request of the Social Plus Committee, questions to obtain more detail on the age of children in Kala Point (residents and time shares) to help plan activities for those interested.

Next Meeting: February 7 at 3 p.m.

Tree

Meeting on January 12, 2023

November minutes approved as written.

General Manager’s Report

Shortage of staff remains an issue; work is being done to develop strategies to attract and maintain employee position(s)

KPOA Board Report

Board rep requests a copy of the draft of current minutes prior to the 19th of the month, and will generate the Report to the Board and submit to the *Kala Pointer*.

Committee Business

Open Cases

- Case #2022-07-07 Kala Bluff Condo Association: Case Mgr. Genter; status: open

New Cases

- Case #2023-01-01 Lot #21: Case Mgr. Dawson; status: approved
- Case #2023-01-02 Lot #19: Case Mgr. Harte; status: deferred/pending
- Case #2023-01-03 Lot #422: Case Mgr. Twiford; status: approved

Next Meeting: February 9, 2023 ♦

Neighborhood Ads

Attention Grandparents

Doll clothes designed and sewn



by Sharon Ross

360.385.2365

Sizes 10"-31"

Etsy.com "wonderfuldollclothes"

Commercial Ads



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Your Mobile Chef for weekly meals, small gatherings, and cooking classes.

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Goodbye Ugly Tree Stumps!

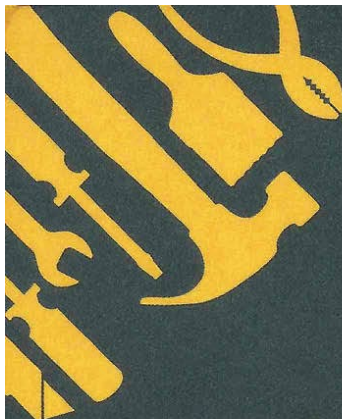
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Kala Pointer Newsletter

Kala Point Owners' Association
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Port Townsend, WA 98368

